

• Praying the Bible to Renew Your Hope •



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# JOURNEYS IN PRAYER



### • PRAYING THE BIBLE TO RENEW YOUR HOPE •

### by Leslie Newman

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# • HOW TO USE THIS PRAYER KIT •

Praying Scripture is a strategy that can greatly enhance your prayer life. When you pray Scriptures, you are praying back the very words of God. Praying Scriptures for your life and others you love is something that can easily be added to your prayer routine.

In this prayer kit, you will find verses on the topic of Biblical hope. Each page has an easy step-by-step process to guide you through reading the verse, understanding more about it, and using it as a prayer.

In the right sidebar on each Scripture page, you will find a section called "Key Word Insights" which lists definitions for key words from each verse. These definitions explain word meanings from the original languages in which the Bible was written. These original languages (Hebrew and Greek) are more descriptive languages than English.

Sometimes English does not have words to express what was meant in Greek or Hebrew. The key word definitions address this and help give you a better understanding of the richness and fullness of each verse. You'll gain a better understanding of what you are praying when you use each verse on it's own as a prayer. All definitions are sourced from *The Discovery Bible, HELPS Word-studies*, Gary Hill, 2017.

In repeating verses these verses out loud and using them as prayers, you are taking the very words of God and praying them back to Him. This is a powerful strategy when we do not know what or how to pray. Praying God's Word back to him does something in our lives that only God-inspired Scripture can do.

You'll also have the opportunity to use these verses and key word insights as a basis for writing your own authentic and powerful prayers.

It's a simple process with lasting benefits!

#### •BEFORE YOU START•

**Print your Hope Kit!** It is very beneficial to have a physical copy these pages in front of you so you can take notes and write on them. Jotting notes and writing brings out even more during your time with Jesus!

# • YOUR HOPE VERSES •

This is a list of all the verses we will study and pray in the Hope Kit. Each verse has it's own page with a step-by-step process to guide you through how to use the verse as a prayer after a short and easy word study.

#### • VERSES •

**Psalm 62:5-6** – My soul, wait in silence for God only, For my hope is from Him. He only is my rock and my salvation, My stronghold; I shall not be shaken.

**Romans 5:5** - And hope does not disappoint because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

**1 Peter 1:3** – Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead.

**Hebrews 6:18-19** – So that by two unchangeable things in which it is impossible for God to lie, we who have taken refuge would have a strong encouragement to take hold of the hope set before us. This hope we have as an anchor of the soul, a hope both sure and steadfast and one which enters within the veil.

**Romans 8:25** – But if we hope for what we do not see, with perseverance we wait eagerly for it.

**Psalm 71:14** – But as for me, I will hope continually, and will praise Thee yet more and more.

# • PSALM 62:5-6 •

# MY SOUL, WAIT IN SILENCE FOR GOD ONLY, FOR MY HOPE IS FROM HIM. HE ONLY IS MY ROCK AND MY SALVATION, MY STRONGHOLD; I SHALL NOT BE SHAKEN.

**Read this passage in its context.** *Read Psalm 62* from your own Bible. This will help you better understand the meaning of this verse.

Write the verse in the space below.

**Highlight or underline** the following words in the passage above – **God, only, Him.** These words are emphasized in the original language.

**Read the verses again out loud** using your voice to emphasize the words you highlighted. Give full attention to these words as they will help you better understand the original intent of the passage.

**Read the key word definitions in the Key Word Insights** box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.

**Pray!** Repeat this passage as a prayer. You can repeat it word-to-word back to God as a powerful prayer.

Write a prayer based on this passage. Use this passage and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page.

**KEY WORD INSIGHTS** 

wait in silence - dāmam hushed, stupefied, struck dumb; (figuratively) so astounded one is silent (still) – ceasing outward activity and external distraction ("be motionless"); silenced.

**rock** –  $\hat{sur}$  – what can not be moved, removed, or ignored; a refuge affording enduring, unshakable protection because of its sure foundation (base) making it immoveable; preeminently used of the Lord providing absolute stability in this life and the next

**salvation** -  $yesh\hat{u}\hat{a}$  - deliverance out of danger – and into the benefits of the rescue, i.e. saved from and to; bring out of and into what is next (as part and parcel of the deliverance).

**stronghold** - miśgab - a stronghold, well-protected from attackers because too high for ordinary climbing; a safe, fortified high place

# • ROMANS 5:5 •

#### AND HOPE DOES NOT DISAPPOINT BECAUSE THE LOVE OF GOD HAS BEEN POURED OUT WITHIN OUR HEARTS THROUGH THE HOLY SPIRIT WHO WAS GIVEN TO US.

Write the verse in the space below.	
	KEY WORD INSIGHTS
+	<b>hope</b> – <i>elpís</i> – (from <i>elpō</i> , "to anticipate, welcome") – properly, expectation of something sure (certain); hope Faith is always
<b>Read this verse in its context</b> . <i>Read Romans 5:1-11</i> in your Bible. This will help you better understand the meaning of this verse.	something received (generated by the Lord, never people), so biblical hope ( <i>elpís</i> ) is always from God (about what He has spoken), i.e. it
<b>Read this verse out loud</b> . Reading verses out loud is a way to experience the truths inside of it.	is not mere human optimism ("wishful thinking"). <b>*Note - Before you read this next word</b>
<b>Read the key word definitions in the Key Word Insights</b> box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.	<ul> <li>meaning, remember that Biblical hope does not disappoint!</li> <li>disappoint - kataisxýnō - shame (dishonor), bringing someone down by humiliating them in the</li> </ul>
<b>Pray!</b> Repeat this verse as a prayer. You can repeat it back to God in a spirit of prayer and praise and thanks to Him.	eyes of others
Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page.	

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# • 1 PETER 1:3 •

BLESSED BE THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO ACCORDING TO HIS GREAT MERCY HAS CAUSED US TO BE BORN AGAIN TO A LIVING HOPE THROUGH THE RESURRECTION OF JESUS CHRIST FROM THE DEAD.

**Read this verse in its context.** *Read 1 Peter 1:1-9* in your Bible. This will help you better understand the meaning of this verse.

Write the verse in the space below.

**Highlight or underline** the following words in the verse above – **blessed**, **living**. These words are emphasized in the original language.

- **Read the verse again out loud** using your voice to emphasize the words you highlighted. Give full attention to these words as they will help you better understand the original intent of the passage.
- **Read the key word definitions in the Key Word Insights** box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
  - **Pray!** Repeat this verse as a prayer. You can read it again saying it back to God as a praise to Him.
- **Write a prayer based on this verse.** Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the back of this page.

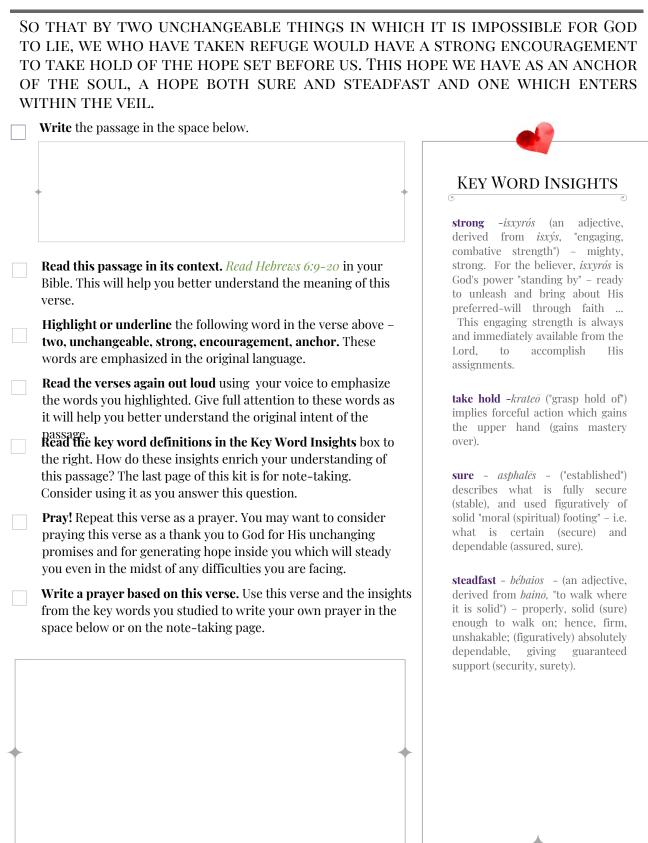
# KEY WORD INSIGHTS

**born again** - *anagennaō* - ("born again, from above"), used twice in the NT (1 Pet 1:3,23), refers to God regenerating believers (giving them a supernatural, new birth).

**living** -  $z\dot{ao}$  - to live, experience God's gift of living; used of God infusing His indestructible, selfexistent life which makes believers lively in heart, soul, mind, strength and relationships.

**hope** - *elpís* - (from elpō, "to anticipate, welcome") – properly, expectation of something sure (certain); hope ... Faith is always something received (generated by the Lord, never people), so biblical hope (elpís) is always from God (about what He has spoken), i.e. it is not mere human optimism ("wishful thinking").

# • HEBREWS 6:18-19 •



# • ROMANS 8:25 •

# BUT IF WE HOPE FOR WHAT WE DO NOT SEE, WITH PERSEVERANCE WE WAIT EAGERLY FOR IT.

Write the verse in the space below. **KEY WORD INSIGHTS** hope - (elpís) (from elpō, "to anticipate, welcome") - properly, expectation of something sure Read this verse in its context. Read Romans 8:18-25 in your (certain); hope ... Faith is always Bible. This will help you better understand the meaning of this something received (generated by verse. the Lord, never people), so biblical Highlight or underline the following words in the verse above hope (elpís) is always from God not see, perseverance. These words are emphasized in the (about what He has spoken), i.e. it original language. is not mere human optimism ("wishful thinking"). **Read the verses again out loud** using your voice to emphasize perseverance - (hypomone) (from the words you highlighted. Give full attention to these words as hypó, "under" and méno, "remain, it will help you better understand the original intent of the endure") - properly, remaining passage. under. i.e. endurance: steadfastness, especially of God **Read the key word definitions in the Key Word Insights** box to enabling believers to "remain the right. How do these insights enrich your understanding of (endure) under" the challenges He this passage? The last page of this kit is for note-taking. allots for them. Consider using it as you answer this question. eagerly - (apekdéxomai) (from apó, **Pray!** Repeat this verse as a prayer. You may want to consider "away from," déxomai, "welcome" praying this verse as a commitment to God that you will do and *ek*, "out from," a triple compound)welcome from and out your very best to persevere in your daily life. of," i.e. waiting that decisively "puts away" what should remain behind ... Write a prayer based on this verse. Use this verse and the (Apekdexomai) refers to looking insights from the key words you studied to write your own completely away from this world prayer in the space below or on the back of this page. and to the upcoming redemption of our body.

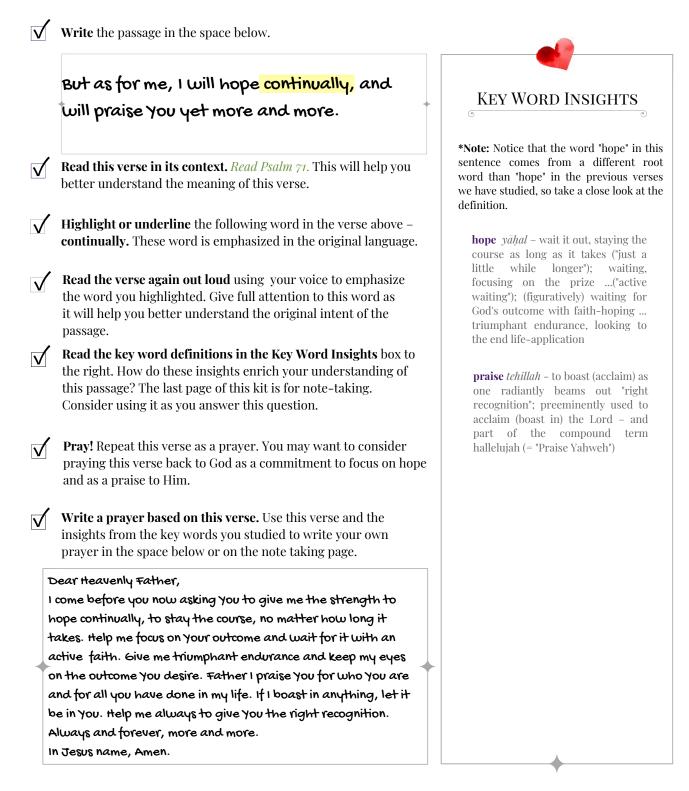
### • PSALM 71:14 •

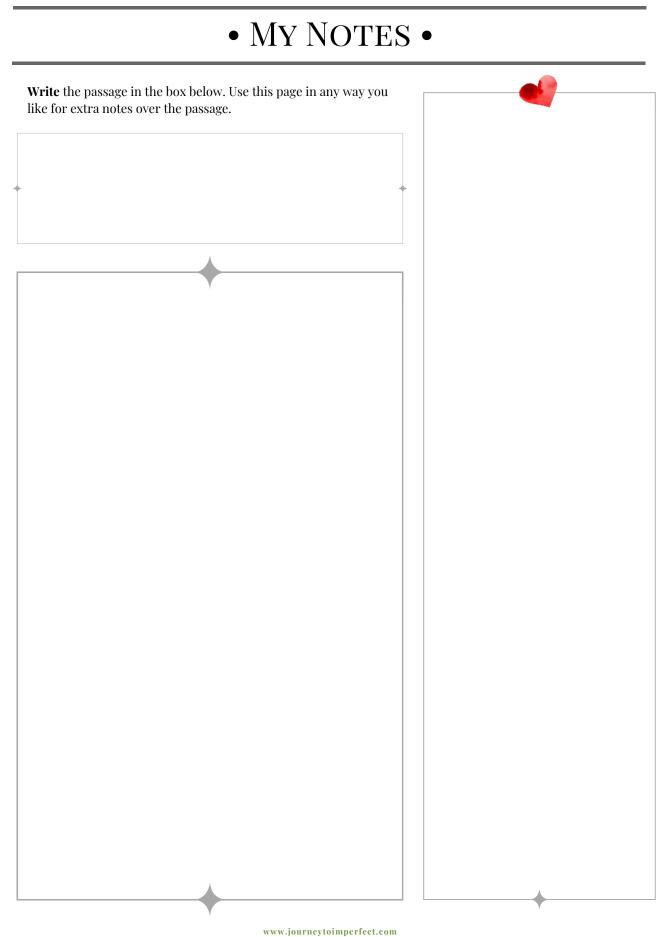
# BUT AS FOR ME, I WILL HOPE CONTINUALLY, AND WILL PRAISE YOU YET MORE AND MORE.

Write this verse in the space below. **KEY WORD INSIGHTS** \*Note: Notice that the word "hope" in this sentence comes from a different root word than "hope" in the previous verses Read this verse in its context. Read Psalm 71. This will help you we have studied, so take a close look at better understand the meaning of this verse. the definition. **hope** *vāhal* – wait it out, staving the Highlight or underline the following word in the verse above course as long as it takes ("just a **continually.** These word is emphasized in the original language. little while longer"); waiting, focusing on the prize ...("active waiting"); (figuratively) waiting for **Read the verse again out loud** using your voice to emphasize God's outcome with faith-hoping ... the word you highlighted. Give full attention to this word as triumphant endurance, looking to it will help you better understand the original intent of the the end life-application passage. Read the key word definitions in the Key Word Insights box to praise tehillah - to boast (acclaim) the right. How do these insights enrich your understanding of as one radiantly beams out "right this passage? The last page of this kit is for note-taking. recognition"; preeminently used to acclaim (boast in) the Lord - and Consider using it as you answer this question. part of the compound term hallelujah (= "Praise Yahweh") **Pray!** Repeat this verse as a prayer. You may want to consider praying this verse back to God as a commitment to focus on hope and as a praise to Him. Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note taking page.

### SAMPLE PAGE • PSALM 71:14 •

BUT AS FOR ME, I WILL HOPE CONTINUALLY, AND WILL PRAISE YOU YET MORE AND MORE.





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