

# JOURNEYS IN PRAYER



# Hope Kit

by Leslie Newman

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• Praying the Bible to Renew Your Hope •

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• PRAYING THE BIBLE TO RENEW YOUR HOPE •

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# • HOW TO USE THIS PRAYER KIT •

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Praying Scripture is a strategy that can greatly enhance your prayer life. When you pray Scriptures, you are praying back the very words of God. Praying Scriptures for your life and others you love is something that can easily be added to your prayer routine.

In this prayer kit, you will find verses on the topic of Biblical hope. Each page has an easy step-by-step process to guide you through reading the verse, understanding more about it, and using it as a prayer.

In the right sidebar on each Scripture page, you will find a section called “Key Word Insights” which lists definitions for key words from each verse. These definitions explain word meanings from the original languages in which the Bible was written. These original languages (Hebrew and Greek) are more descriptive languages than English.

Sometimes English does not have words to express what was meant in Greek or Hebrew. The key word definitions address this and help give you a better understanding of the richness and fullness of each verse. You’ll gain a better understanding of what you are praying when you use each verse on its own as a prayer. All definitions are sourced from *The Discovery Bible, HELPS Word-studies*, Gary Hill, 2017.

In repeating verses these verses out loud and using them as prayers, you are taking the very words of God and praying them back to Him. This is a powerful strategy when we do not know what or how to pray. Praying God’s Word back to him does something in our lives that only God-inspired Scripture can do.

You’ll also have the opportunity to use these verses and key word insights as a basis for writing your own authentic and powerful prayers.

It’s a simple process with lasting benefits!

## •BEFORE YOU START•

**Print your Hope Kit!** It is very beneficial to have a physical copy these pages in front of you so you can take notes and write on them. Jotting notes and writing brings out even more during your time with Jesus!

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# • YOUR HOPE VERSES •

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This is a list of all the verses we will study and pray in the Hope Kit. Each verse has its own page with a step-by-step process to guide you through how to use the verse as a prayer after a short and easy word study.

## • VERSES •

**Psalm 62:5-6** - My soul, wait in silence for God only, For my hope is from Him. He only is my rock and my salvation, My stronghold; I shall not be shaken.

**Romans 5:5** - And hope does not disappoint because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

**1 Peter 1:3** - Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead.

**Hebrews 6:18-19** - So that by two unchangeable things in which it is impossible for God to lie, we who have taken refuge would have a strong encouragement to take hold of the hope set before us. This hope we have as an anchor of the soul, a hope both sure and steadfast and one which enters within the veil.

**Romans 8:25** - But if we hope for what we do not see, with perseverance we wait eagerly for it.

**Psalm 71:14** - But as for me, I will hope continually, and will praise Thee yet more and more.

# • PSALM 62:5-6 •

MY SOUL, WAIT IN SILENCE FOR GOD ONLY, FOR MY HOPE IS FROM HIM. HE ONLY IS MY ROCK AND MY SALVATION, MY STRONGHOLD; I SHALL NOT BE SHAKEN.

- Write** the verse in the space below.

- Read this passage in its context.** *Read Psalm 62* from your own Bible. This will help you better understand the meaning of this verse.
- Highlight or underline** the following words in the passage above – **God, only, Him**. These words are emphasized in the original language.
- Read the verses again out loud** using your voice to emphasize the words you highlighted. Give full attention to these words as they will help you better understand the original intent of the passage.
- Read the key word definitions in the Key Word Insights** box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
- Pray!** Repeat this passage as a prayer. You can repeat it word-to-word back to God as a powerful prayer.
- Write a prayer based on this passage.** Use this passage and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page.



## KEY WORD INSIGHTS

**wait in silence** - *dāmam* - hushed, stupefied, struck dumb; (figuratively) so astounded one is silent (still) – ceasing outward activity and external distraction ("be motionless"); silenced.

**rock** - *šûr* - what can not be moved, removed, or ignored; a refuge affording enduring, unshakable protection because of its sure foundation (base) making it immovable; preeminently used of the Lord providing absolute stability in this life and the next

**salvation** - *yeshûvâ* - deliverance out of danger – and into the benefits of the rescue, i.e. saved from and to; bring out of and into what is next (as part and parcel of the deliverance).

**stronghold** - *mišgāb* - a stronghold, well-protected from attackers because too high for ordinary climbing; a safe, fortified high place

# • ROMANS 5:5 •

AND HOPE DOES NOT DISAPPOINT BECAUSE THE LOVE OF GOD HAS BEEN POURED OUT WITHIN OUR HEARTS THROUGH THE HOLY SPIRIT WHO WAS GIVEN TO US.

- Write** the verse in the space below.

- Read this verse in its context.** *Read Romans 5:1-11* in your Bible. This will help you better understand the meaning of this verse.
- Read this verse out loud.** Reading verses out loud is a way to experience the truths inside of it.
- Read the key word definitions in the Key Word Insights** box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
- Pray!** Repeat this verse as a prayer. You can repeat it back to God in a spirit of prayer and praise and thanks to Him.
- Write a prayer based on this verse.** Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page.



## KEY WORD INSIGHTS

**hope** - *elpís* - (from *elpō*, "to anticipate, welcome") - properly, expectation of something sure (certain); hope ... Faith is always something received (generated by the Lord, never people), so biblical hope (*elpís*) is always from God (about what He has spoken), i.e. it is not mere human optimism ("wishful thinking").

**\*Note - Before you read this next word meaning, remember that Biblical hope *does not* disappoint!**

**disappoint** - *kataisxynō* - shame (dishonor), bringing someone down by humiliating them in the eyes of others

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# • 1 PETER 1:3 •

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BLESSED BE THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO ACCORDING TO HIS GREAT MERCY HAS CAUSED US TO BE BORN AGAIN TO A LIVING HOPE THROUGH THE RESURRECTION OF JESUS CHRIST FROM THE DEAD.

- Write** the verse in the space below.

- Read this verse in its context.** *Read 1 Peter 1:1-9* in your Bible. This will help you better understand the meaning of this verse.
- Highlight or underline** the following words in the verse above – **blessed, living**. These words are emphasized in the original language.
- Read the verse again out loud** using your voice to emphasize the words you highlighted. Give full attention to these words as they will help you better understand the original intent of the passage.
- Read the key word definitions in the Key Word Insights** box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
- Pray!** Repeat this verse as a prayer. You can read it again saying it back to God as a praise to Him.
- Write a prayer based on this verse.** Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the back of this page.



## KEY WORD INSIGHTS

**born again** - *anagennaō* - ("born again, from above"), used twice in the NT (1 Pet 1:3,23), refers to God regenerating believers (giving them a supernatural, new birth).

**living** - *zāō* - to live, experience God's gift of living; used of God infusing His indestructible, self-existent life which makes believers lively in heart, soul, mind, strength and relationships.

**hope** - *elpís* - (from *elpō*, "to anticipate, welcome") - properly, expectation of something sure (certain); hope ... Faith is always something received (generated by the Lord, never people), so biblical hope (*elpís*) is always from God (about what He has spoken), i.e. it is not mere human optimism ("wishful thinking").

# • HEBREWS 6:18-19 •

SO THAT BY TWO UNCHANGEABLE THINGS IN WHICH IT IS IMPOSSIBLE FOR GOD TO LIE, WE WHO HAVE TAKEN REFUGE WOULD HAVE A STRONG ENCOURAGEMENT TO TAKE HOLD OF THE HOPE SET BEFORE US. THIS HOPE WE HAVE AS AN ANCHOR OF THE SOUL, A HOPE BOTH SURE AND STEADFAST AND ONE WHICH ENTERS WITHIN THE VEIL.

- Write** the passage in the space below.

- Read this passage in its context.** *Read Hebrews 6:9-20* in your Bible. This will help you better understand the meaning of this verse.
- Highlight or underline** the following word in the verse above – **two, unchangeable, strong, encouragement, anchor.** These words are emphasized in the original language.
- Read the verses again out loud** using your voice to emphasize the words you highlighted. Give full attention to these words as it will help you better understand the original intent of the passage.
- Read the key word definitions in the Key Word Insights** box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
- Pray!** Repeat this verse as a prayer. You may want to consider praying this verse as a thank you to God for His unchanging promises and for generating hope inside you which will steady you even in the midst of any difficulties you are facing.
- Write a prayer based on this verse.** Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page.



## KEY WORD INSIGHTS

**strong** - *isxyrós* (an adjective, derived from *isxýs*, "engaging, combative strength") – mighty, strong. For the believer, *isxyrós* is God's power "standing by" – ready to unleash and bring about His preferred-will through faith ...

This engaging strength is always and immediately available from the Lord, to accomplish His assignments.

**take hold** - *krateō* ("grasp hold of") implies forceful action which gains the upper hand (gains mastery over).

**sure** - *asphalēs* - ("established") describes what is fully secure (stable), and used figuratively of solid "moral (spiritual) footing" – i.e. what is certain (secure) and dependable (assured, sure).

**steadfast** - *bébaios* - (an adjective, derived from *bainō*, "to walk where it is solid") – properly, solid (sure) enough to walk on; hence, firm, unshakable; (figuratively) absolutely dependable, giving guaranteed support (security, surety).



# • ROMANS 8:25 •

BUT IF WE HOPE FOR WHAT WE DO NOT SEE, WITH PERSEVERANCE WE WAIT EAGERLY FOR IT.

- Write the verse in the space below.

- Read this verse in its context. Read *Romans 8:18-25* in your Bible. This will help you better understand the meaning of this verse.
- Highlight or underline the following words in the verse above – **not see, perseverance**. These words are emphasized in the original language.
- Read the verses again out loud using your voice to emphasize the words you highlighted. Give full attention to these words as it will help you better understand the original intent of the passage.
- Read the key word definitions in the Key Word Insights box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
- Pray! Repeat this verse as a prayer. You may want to consider praying this verse as a commitment to God that you will do your very best to persevere in your daily life.
- Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the back of this page.



## KEY WORD INSIGHTS

**hope** - (*elpís*) (from *elpō*, "to anticipate, welcome") – properly, expectation of something sure (certain); hope ... Faith is always something received (generated by the Lord, never people), so biblical hope (*elpís*) is always from God (about what He has spoken), i.e. it is not mere human optimism ("wishful thinking").

**perseverance** - (*hypomonē*) (from *hypó*, "under" and *menō*, "remain, endure") – properly, remaining under, i.e. endurance; steadfastness, especially of God enabling believers to "remain (endure) under" the challenges He allots for them.

**eagerly** - (*apekdéxomai*) (from *apó*, "away from," *déxomai*, "welcome" and *ek*, "out from," a triple compound) welcome from and out of," i.e. waiting that decisively "puts away" what should remain behind ... (*Apekdexomai*) refers to looking completely away from this world – and to the upcoming redemption of our body.

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# • PSALM 71:14 •

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BUT AS FOR ME, I WILL HOPE CONTINUALLY, AND WILL PRAISE YOU YET MORE AND MORE.

- Write** this verse in the space below.

- Read this verse in its context.** *Read Psalm 71.* This will help you better understand the meaning of this verse.
- Highlight or underline** the following word in the verse above – **continually**. These word is emphasized in the original language.
- Read the verse again out loud** using your voice to emphasize the word you highlighted. Give full attention to this word as it will help you better understand the original intent of the passage.
- Read the key word definitions in the Key Word Insights** box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
- Pray!** Repeat this verse as a prayer. You may want to consider praying this verse back to God as a commitment to focus on hope and as a praise to Him.
- Write a prayer based on this verse.** Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note taking page.



## KEY WORD INSIGHTS

**\*Note:** Notice that the word "hope" in this sentence comes from a different root word than "hope" in the previous verses we have studied, so take a close look at the definition.

**hope** *yāhal* – wait it out, staying the course as long as it takes ("just a little while longer"); waiting, focusing on the prize ...("active waiting"); (figuratively) waiting for God's outcome with faith-hoping ... triumphant endurance, looking to the end life-application

**praise** *tehillah* – to boast (acclaim) as one radiantly beams out "right recognition"; preeminently used to acclaim (boast in) the Lord – and part of the compound term hallelujah (= "Praise Yahweh")

# SAMPLE PAGE • PSALM 71:14 •

BUT AS FOR ME, I WILL HOPE CONTINUALLY, AND WILL PRAISE YOU YET MORE AND MORE.

- ✓ Write the passage in the space below.

But as for me, I will hope continually, and will praise you yet more and more.

- ✓ Read this verse in its context. *Read Psalm 71.* This will help you better understand the meaning of this verse.
- ✓ Highlight or underline the following word in the verse above – **continually**. These word is emphasized in the original language.
- ✓ Read the verse again out loud using your voice to emphasize the word you highlighted. Give full attention to this word as it will help you better understand the original intent of the passage.
- ✓ Read the key word definitions in the Key Word Insights box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.
- ✓ Pray! Repeat this verse as a prayer. You may want to consider praying this verse back to God as a commitment to focus on hope and as a praise to Him.
- ✓ Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note taking page.

Dear Heavenly Father,  
I come before you now asking you to give me the strength to hope continually, to stay the course, no matter how long it takes. Help me focus on your outcome and wait for it with an active faith. Give me triumphant endurance and keep my eyes on the outcome you desire. Father I praise you for who you are and for all you have done in my life. If I boast in anything, let it be in you. Help me always to give you the right recognition. Always and forever, more and more.  
In Jesus name, Amen.



## KEY WORD INSIGHTS

**\*Note:** Notice that the word "hope" in this sentence comes from a different root word than "hope" in the previous verses we have studied, so take a close look at the definition.

**hope** *yāhal* – wait it out, staying the course as long as it takes ("just a little while longer"); waiting, focusing on the prize ...("active waiting"); (figuratively) waiting for God's outcome with faith-hoping ... triumphant endurance, looking to the end life-application

**praise** *tehillah* – to boast (acclaim) as one radiantly beams out "right recognition"; preeminently used to acclaim (boast in) the Lord – and part of the compound term hallelujah (= "Praise Yahweh")

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# • MY NOTES •

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**Write** the passage in the box below. Use this page in any way you like for extra notes over the passage.

