JOURNEYS IN PRAYER



• Praying the Bible to Renew Your Hope •



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JOURNEYS IN PRAYER



• PRAYING THE BIBLE TO RENEW YOUR HOPE •

by Leslie Newman

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The pages in this prayer kit may be downloaded and printed for your own personal use. For permission to make multiple copies for use in a group setting, please email Leslie Newman at leslie@journeytoimperfect.com.

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• HOW TO USE THIS PRAYER KIT •

Today, more than ever, we need hope. And hope comes from God. Praying His words back to Him will fill our minds with truth and turn our hearts to the possibilities of all that He can do, even in the midst of our difficulties.

•THE HOPE KIT•

• You will study six verses that will help you find hope and keep it as an anchor for your soul.

• You will find insights from the original languages for key concept words in each verse so that you will know the depth of what you are praying when you repeat and pray Scriptures back to God.

• You will use these verses and key word insights as a basis for writing your own authentic and powerful prayers.

• You can repeat these verses and prayers anytime you feel the extra need for hope.

•DIRECTIONS AND TIPS•

Simply follow the directions beside the check boxes on each page. These instructions will walk you through a step by step process that will end in powerful prayers written by you! Here are a few tips that will help you have the most benefit from this prayer kit.

• **Download this PDF file and print the pages**. It will be beneficial to have a physical copy these pages in front of you so you can take notes and write on them, rather than just reading a digital file.

• It is best to **keep this document open on your computer or phone** while also having the printed version in front of you. **All the words in green are click-through links** that will take you to places where you can read the passage and study it further.

• Before starting, please read the Before You Pray Scripture page for more information.

• The last page of this kit (for Psalm 71:14) is a duplicate copy and provides an example of a prayer written using Scripture and word meanings as the basis of the prayer. This will give you an idea of the kinds of prayers that you can write after completing the Scripture studies in this kit.

• Keep your Hope Kit in a notebook. Praying these verses and repeating the prayers we write is very beneficial. It keeps us humble before the Lord, and it keeps us claiming His promises. It fills our minds with truth! Additional kits coming in the future. Keeping them together in one place will create a collection of prayers and verses just for you! If you already have a prayer notebook, be sure to add the Hope Kit to it! If you are looking for a prayer notebook, you can pick up a free one inside the **Prayer Library** at www.journeytoimperfect.com.

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• BEFORE YOU PRAY SCRIPTURES •

Praying Scriptures is a strategy that can change and empower your prayer life. When you pray Scriptures, you are praying back the very words of God. Praying Scriptures for your life is an easy thing to do and something that can easily be added to your prayer routine. Doing this can be life changing and will instill truth in your mind. In the Hope Kit, verses have already been chosen for you about the topic of Biblical hope. On each Scripture page, you will find directions to help you study and pray each verse. However, before we begin, there are some important things to remember.

• **Prayer is a two-way conversation.** When we pray, we need to listen as well as speak. Prayer is not about demanding our own way. *It is about agreeing with what God wants.* Prayer is a way to praise God, spend time in His presence, and speak with Him. As we spend time with Him, we need to learn to keep a humble heart so that we will seek His will and learn to agree with what He wants. Sometimes when we pray Scriptures we can end up focusing on our own plans and thoughts about how God should answer our prayers. We must be careful of this and remember that we pray Scriptures to praise God and help instill His truths in our minds. Scriptures can guide us in prayer and help us pray in His will, but we should let go of any expectations about the particular ways God will answer our prayers. Only God knows what is best for us to bring about the things in our lives that will truly help us grow spiritually into the person He created us to be.

• **Read the context.** It is important to understand that Bible verses are not stand alone items. Every verse has a context which means the words and verses around it help you understand its meaning. You should always read the paragraphs surrounding the verse you have chosen to pray in order to get a better understanding of the setting, the situation, and the historical background. It is very important to read the verse in context.

• Be careful not to take someone else's promise. Praying Biblical principles and promises is life changing. However, when it comes to Biblical promises, there are certain promises that pertain only to one particular situation, person, or group of people. This means that we can't actually claim that particular promise for our own. Reading the verse in its context will help you understand if the promise was meant for all believers or only one person or situation. Even when a promise was intended for someone else or some other situation, there is always a spiritual significance that applies to us today. Every scripture and every life story in the Bible is pertinent. Through all situations, we can see the faithfulness of God and learn to trust Him fully.

• When choosing verses to pray, look for verses that contain principles and promises that are for all believers. It is also good to pray verses that provide principals about how we should live our lives. Repeating these types of verses and praying them over our lives empowers our prayers in a way that only God-inspired Scripture can.

• When you are struggling with an issue in your life, pray thematically. It is often beneficial to concentrate on one area at a time when seeking to overcome sin or make progress in moving forward spiritually. Look for verses that offer answers or hope for the life issues or circumstances that are difficult for you. This is what I like to call "thematic praying." There is power in that! When we concentrate on one problem and spend time devoted to intense scriptural prayer over that issue, we open our minds and hearts to the internal changes that only Jesus can bring. They come by the power of the Holy Spirit who empowers the faithful prayers of believers. This can be applied both to yourself as an individual and also to others as you intercede for those you love and care for. This is exciting, friends!

• YOU CAN FIND VERSES BY TOPIC HERE •

Click through the links below to find Bible verses by topic.

www.biblehub.com www.biblegateway.com www.openbible.info/topics www.biblestudytools.com

• YOUR HOPE VERSES •

This is a list of all the verses we will study and pray in the Hope Kit. There are many, many more verses about hope in the Bible. These verses are just a beginning point. Each verse has it's own page that will guide you as you study and pray.

• VERSES •

Psalm 62:5-6 – My soul, wait in silence for God only, For my hope is from Him. He only is my rock and my salvation, My stronghold; I shall not be shaken.

Romans 5:5 – And hope does not disappoint because the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

1 Peter 1:3 – Blessed be the God and Father of our Lord Jesus Christ, who according to His great mercy has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead.

Hebrews 6:18-19 – So that by two unchangeable things in which it is impossible for God to lie, we who have taken refuge would have a strong encouragement to take hold of the hope set before us. This hope we have as an anchor of the soul, a hope both sure and steadfast and one which enters within the veil.

Romans 8:25 – But if we hope for what we do not see, with perseverance we wait eagerly for it.

Psalm 71:14 – But as for me, I will hope continually, and will praise Thee yet more and more.

My soul, wait in silence for God only, For my hope is from Him. He only is my rock and my salvation, My stronghold; I shall not be shaken.			
 Write the verse in the space below. Read this passage in its context. <i>Read Psalm 62</i> from your own Bible. This will help you better understand the meaning of this verse. Highlight or underline the following words in the passage above – God, only, Him. These words are emphasized in the original language. Read the verses again out loud using your voice to emphasize the words you highlighted. Give full attention to these words as they will help you better understand the original intent of the passage. Study the information under the Key Word Insights section in the box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question. If you would like to view additional resources for your study time click the links in the For Further Study section in the box to the right. Pray! Repeat this passage as a prayer. You can repeat it back to God as a prayer and a praise to Him. Write a prayer based on this passage. Use this passage and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page. 	<section-header><section-header><section-header><section-header><section-header><section-header><text><text><text><text><text><text></text></text></text></text></text></text></section-header></section-header></section-header></section-header></section-header></section-header>		
	www.biblehub.com/psalms/62-6.htm Interlinear Studies www.biblehub.com/interlinear/psalms/62-5.htm www.biblehub.com/interlinear/psalms/62-6.htm		

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• ROMANS 5:5 •

AND HOPE DOES NOT DISAPPOINT BECAUSE THE LOVE OF GOD HAS BEEN POURED OUT WITHIN OUR HEARTS THROUGH THE HOLY SPIRIT WHO WAS GIVEN TO US.

	Write the verse in the space below.	
+		GEVEN WORD INSIGHTS
		Insights from the Root Words
	Read this verse in its context . <i>Read Romans 5:1–11</i> in your Bible. This will help you better understand the meaning of this verse.	The words or phrases found in bold below are some of the important concept words found in this Bible passage. Root words from the original Greek are in italics. The word meanings you'll read after the Greek
	Read this verse out loud . Reading verses out loud is a way to experience the truths inside of it.	root word are quoted from <i>The Discovery Bible, HELPS</i> <i>Word-studies</i> , Gary Hill, 2017.
	Study the information under the Key Word Insights section in the box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for taking notes. Consider using it as you answer this question.	hope – elpís – (from elpã, "to anticipate, welcome") – properly, expectation of something sure (certain); hope Faith is always something received (generated by the Lord, never people), so biblical hope (elpís) is always from God (about what He has spoken), i.e. it is not mere human optimism ("wishful thinking").
	If you would like to view additional resources for your study time click the green links under the For Further Study section in the box to the right.	*Note - Before you read this next word meaning, remember that Biblical hope <i>does not</i> disappoint!
	Pray! Repeat this verse as a prayer. You can repeat it back to God in a spirit of prayer and praise and thanks to Him.	disappoint – $kataisxýn\delta$ – shame (dishonor), bringing someone down by humiliating them in the eyes of others
	Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page.	
		FOR FURTHER STUDY There are many free resources online that provide a wealth of insight for your Scripture studies. Below you will find links to website pages containing additional study helps specifically for this Bible passage.
		Romans 5:5 www.biblehub.com/romans/5-5.htm
		Interlinear Studies www.biblehub.com/interlinear/romans/5-5.htm
		4

• 1 PETER 1:3 •

BLESSED BE THE GOD AND FATHER OF OUR LORD JESUS CHRIST, WHO ACCORDING TO HIS GREAT MERCY HAS CAUSED US TO BE BORN AGAIN TO A LIVING HOPE THROUGH THE RESURRECTION OF JESUS CHRIST FROM THE DEAD.

Write the verse in the space below.



Read this verse in its context. Read 1 Peter 1:1-9 in your Bible.

This will help you better understand the meaning of this verse. Highlight or underline the following words in the verse above – blessed, living. These words are emphasized in the original

language.

Read the verse again out loud using your voice to emphasize the words you highlighted. Give full attention to these words as they will help you better understand the original intent of the passage.

Study the information under the Key Word Insights section in the box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for taking notes. Consider using it as you answer this question.

If you would like to view additional resources for your study time click the links in the For Further Study section in the box to the right.

Pray! Repeat this verse as a prayer. You can read it again saying it back to God as a praise to Him.

Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the back of this page.

KEY WORD INSIGHTS

Emphasis

The words below are emphasized in the original language. Giving full attention to these three words will help you better understand this passage.

blessed • living

For more information about how emphasis adds clarity to the Scriptures, go to: http://thediscoverybible.com/features/emphasis/

Insights from the Root Words

The words or phrases found in bold below are some of the important concept words found in this Bible passage. Root words from the original Greek are in italics. The word meanings you'll read after the Greek root word are quoted from *The Discovery Bible, HELPS Word-studies,* Gary Hill, 2017.

born again - anagennaō - ("born again, from above"), used twice in the NT (1 Pet 1:3,23), refers to God regenerating believers (giving them a supernatural, new birth).

living – $z\dot{a}\bar{a}$ – to live, experience God's gift of living; used of God infusing His indestructible, self-existent life which makes believers lively in heart, soul, mind, strength and relationships.

hope - *elpís* - (from elpō, "to anticipate, welcome") – properly, expectation of something sure (certain); hope ... Faith is always something received (generated by the Lord, never people), so biblical hope (elpís) is always from God (about what He has spoken), i.e. it is not mere human optimism ("wishful thinking").

FOR FURTHER STUDY

There are many free resources online that provide a wealth of insight for your Scripture studies. Below you will find links to website pages containing additional study helps specifically for this Bible passage.

1 Peter 1:3

http://biblehub.com/1_peter/1-3.htm

Interlinear Studies

www.biblehub.com/interlinear/1_peter/1-3.htm

• HEBREWS 6:18-19 •

SO THAT BY TWO UNCHANGEABLE THINGS IN WHICH IT IS IMPOSSIBLE FOR GOD TO LIE, WE WHO HAVE TAKEN REFUGE WOULD HAVE A STRONG ENCOURAGEMENT TO TAKE HOLD OF THE HOPE SET BEFORE US. THIS HOPE WE HAVE AS AN ANCHOR OF THE SOUL, A HOPE BOTH SURE AND STEADFAST AND ONE WHICH ENTERS WITHIN THE VEIL.

Write the passage in the space below.



Read this passage in its context. *Read Hebrews 6:9–20* in your Bible. This will help you better understand the meaning of this verse.

Highlight or underline the following word in the verse above – **two, unchangeable, strong, encouragement, anchor.** These words are emphasized in the original language.

Read the verses again out loud using your voice to emphasize the words you highlighted. Give full attention to these words as it will help you better understand the original intent of the passage.

Study the information under the Key Word Insights section in the box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-

taking. Consider using it as you answer this question.

If you would like to view additional resources for your study time click the links in the For Further Study section in the box to the right.

Pray! Repeat this verse as a prayer. You may want to consider praying this verse as a thank you to God for His unchanging promises and for generating hope inside you which will steady you even in the midst of many tribulations.

Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note-taking page.

KEY WORD INSIGHTS

Emphasis

The words below are emphasized in the original language. Giving full attention to these words will help you better understand this passage.

two • unchangeable • strong encouragement • anchor

For more information about how emphasis adds clarity to the Scriptures, go to: http://thediscoverybible.com/features/emphasis/

Insights from the Root Words

The words or phrases found in bold below are some of the important concept words found in this Bible passage. Root words from the original Greek are in italics. The word meanings you'll read after the Greek root word are quoted from *The Discovery Bible, HELPS Word-studies*, Gary Hill, 2017.

strong -*isxyrós* (an adjective, derived from *isxys*, "engaging, combative strength") – mighty, strong. For the believer, *isxyrós* is God's power "standing by" – ready to unleash and bring about His preferred-will through faith ... This engaging strength is always and immediately available from the Lord, to accomplish His assignments.

take hold *-krateō* ("grasp hold of") implies forceful action which gains the upper hand (gains mastery over).

sure – asphalēs – ("established") describes what is fully secure (stable), and used figuratively of solid "moral (spiritual) footing" – i.e. what is certain (secure) and dependable (assured, sure).

steadfast - bébaios - (an adjective, derived from bainō, *to walk where it is solid') properly, solid (sure) enough to walk on; hence, firm, unshakable; (figuratively) absolutely dependable, giving guaranteed support (security, surety).

FOR FURTHER STUDY

There are many free resources online that provide a wealth of insight for your Scripture studies. Below you will find links to website pages containing additional study helps specifically for this Bible passage.

> Hebrews 6:18-19 http://biblehub.com/hebrews/6-18.htm http://biblehub.com/hebrews/6-19.htm

> > Interlinear Studies

www.biblehub.com/interlinear/hebrews/6-18.htm www.biblehub.com/interlinear/hebrews/6-19.htm

• ROMANS 8:25 •

BUT IF WE HOPE FOR WHAT WE DO NOT SEE, WITH PERSEVERANCE WE WAIT EAGERLY FOR IT.

Write the verse in the space below. Emphasis Read this verse in its context. Read Romans 8:18-25 in your Bible. you better understand this passage. This will help you better understand the meaning of this verse. not see • perseverance For more information about how emphasis adds clarity Highlight or underline the following words in the verse above to the Scriptures, go to: not see, perseverance. These words are emphasized in the original language. Read the verses again out loud using your voice to emphasize the words you highlighted. Give full attention to these words as it will help you better understand the original intent of the passage. Study the information under the Key Word Insights section in Gary Hill, 2017. the box to the right. How do these insights enrich your welcome") - properly, expectation of understanding of this passage? The last page of this kit is for notetaking. Consider using it as you answer this question.

If you would like to view additional resources for your study time click the links in the For Further Study section in the box to the right.

Pray! Repeat this verse as a prayer. You may want to consider praying this verse as a commitment to God that you will do your very best to persevere in your daily life.

Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the back of this page.

KEY WORD INSIGHTS

The words below are emphasized in the original language. Giving full attention to these words will help

http://thediscoverybible.com/features/emphasis/

Insights from the Root Words

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hope - (elpís) (from elpō, "to anticipate, something sure (certain); hope ... Faith is always something received (generated by the Lord, never people), so biblical hope (elpís) is always from God (about what He has spoken), i.e. it is not mere human optimism ("wishful thinking").

perseverance - (hvpomonē) (from hvpó. "under" and méno, "remain, endure") properly, remaining under, i.e. endurance; steadfastness, especially of God enabling believers to "remain (endure) under" the challenges He allots for them.

eagerly - (apekdéxomai) (from apó, "away from," déxomai, "welcome" and ek, "out from," a triple compound)welcome from and out of," i.e. waiting that decisively "puts away" what should remain behind ... (Apekdexomai) refers to looking completely away from this world - and to the upcoming redemption of our body.

FOR FURTHER STUDY

There are many free resources online that provide a wealth of insight for your Scripture studies. Below you will find links to website pages containing additional study helps specifically for this Bible passage.

Romans 8:25 http://biblehub.com/romans/8-25.htm

Interlinear Studies www.biblehub.com/interlinear/romans/8-25.htm

• PSALM 71:14 •

BUT AS FOR ME, I WILL HOPE CONTINUALLY, AND WILL PRAISE YOU YET MORE AND MORE.

	Write this verse in the space below.	
		KEY WORD INSIGHTS
		© © Emphasis The words below are emphasized in the original language. Giving full attention to these words will help
	Read this verse in its context. <i>Read Psalm</i> 71. This will help you better understand the meaning of this verse.	you better understand this passage. • CONTINUALLY • For more information about how emphasis adds clarity
	Highlight or underline the following word in the verse above – continually. These word is emphasized in the original language.	to the Scriptures, go to: http://thediscoverybible.com/features/emphasis/
	Read the verse again out loud using your voice to emphasize the word you highlighted. Give full attention to this word as it will help you better understand the original intent of the passage.	Insights from the Root Words The words or phrases found in bold below are some of the important concept words found in this Bible passage. Root words from the original Hebrew are in italics. The word meanings you'll read after the Greek root word are quoted from <i>The Discovery Bible</i> , <i>HELPS Word-studies</i> .
	Study the information under the Key Word Insights section in the box to the right. How do these insights enrich your understanding of this passage? The last page of this kit is for note-taking. Consider using it as you answer this question.	 Gary Hill, 2017. *Note: Notice that the word "hope" in this sentence comes from a different root word than "hope" in the previous verses we have studied, so take a close look at the definition.
	If you would like to view additional resources for your study time click the links in the For Further Study section in the box to the right. Pray! Repeat this verse as a prayer. You may want to consider praying this verse back to God as a commitment to focus on hope	hope <i>yāḥal</i> – wait it out, staying the course as long as it takes ('just a little while longer'); waiting, focusing on the prize('active waiting'); (figuratively) waiting for God's outcome with faith-hoping triumphant endurance, looking to the end life- application
	and as a praise to Him. Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note taking page.	praise <i>tehillah</i> – to boast (acclaim) as one radiantly beams out "right recognition"; preeminently used to acclaim (boast in) the Lord – and part of the compound term hallelujah (= "Praise Yahweh")
+		FOR FURTHER STUDY The set of the
		Psalm 74:14 http://biblehub.com/psalm/74-14.htm Interlinear Studies www.biblehub.com/interlinear/psalm/74-14.htm

SAMPLE PAGE • PSALM 71:14 •

BUT AS FOR ME, I WILL HOPE CONTINUALLY, AND WILL PRAISE YOU YET MORE AND MORE.

✓ Write the passage in the space below.

But as for me, I will hope continually, and will praise you yet more and more.

Read this verse in its context. *Read Psalm* 71. This will help you better understand the meaning of this verse.

Highlight or underline the following word in the verse above – continually. These word is emphasized in the original language.

Read the verse again out loud using your voice to emphasize the word you highlighted. Give full attention to this word as it will help you better understand the original intent of the passage.

Study the information under the Key Word Insights section in

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If you would like to view additional resources for your study
 time click the links in the For Further Study section in the box to the right.

Pray! Repeat this verse as a prayer. You may want to consider

praying this verse back to God as a commitment to focus on hope and as a praise to Him.

Write a prayer based on this verse. Use this verse and the insights from the key words you studied to write your own prayer in the space below or on the note taking page.

Dear Heavenly Father,

I come before you now asking you to give me the strength to hope continually, to stay the course, no matter how long it takes. Help me focus on your outcome and wait for it with an active faith. Give me triumphant endurance and keep my eyes on the outcome you desire. Father I praise you for who you are and for all you have done in my life. If I boast in anything, let it be in you. Help me always to give you the right recognition. Always and forever, more and more.

In Jesus name, Amen.



Emphasis

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• continually •

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Insights from the Root Words

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*Note: Notice that the word 'hope' in this sentence comes from a different root word than 'hope' in the previous verses we have studied, so take a close look at the definition.

hope yāhal – wait it out, staying the course as long as it takes ('just a little while longer'); waiting, focusing on the prize ...('active waiting'); (figuratively) waiting for God's outcome with faith-hoping ... triumphant endurance, looking to the end lifeapplication

praise tchillah - to boast (acclaim) as one radiantly beams out "right recognition"; preeminently used to acclaim (boast in) the Lord - and part of the compound term hallelujah (= "Praise Yahweh")

FOR FURTHER STUDY

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Psalm 74:14 http://biblehub.com/psalm/74-14.htm

Interlinear Studies

www.biblehub.com/interlinear/psalm/74-14.htm

