

**PSALM 142:3**

WHEN MY SPIRIT WAS  
OVERWHELMED WITHIN  
ME, THEN YOU KNEW MY  
PATH.

**ISAIAH 41: 13**

FOR I, THE LORD YOUR GOD  
WILL HOLD YOUR RIGHT  
HAND, SAYING TO YOU,  
'FEAR NOT, I WILL HELP YOU.'

**JOSHUA 1:5**

I WILL NEVER LEAVE YOU  
NOR FORSAKE YOU.

**MATTHEW 11: 28**

COME TO ME, ALL YOU WHO  
LABOR AND ARE HEAVY  
LADEN, AND I WILL GIVE YOU  
REST.

**MATTHEW 11:29**

TAKE MY YOKE UPON YOU  
AND LEARN FROM ME, FOR I  
AM GENTLE AND LOWLY IN  
HEART, AND YOU WILL FIND  
REST FOR YOUR SOULS.

**MATTHEW 11:30**

FOR MY YOKE IS EASY AND  
MY BURDEN IS LIGHT.

**1 JOHN 4:4**

YOU ARE OF GOD, LITTLE  
CHILDREN, AND HAVE OVERCOME  
THEM BECAUSE HE WHO IS IN YOU  
IS GREATER THAN HE WHO IS IN  
THE WORLD.

**MATTHEW 19:26**

BUT JESUS LOOKED AT THEM  
AND SAID TO THEM, "WITH  
MEN THIS IS IMPOSSIBLE,  
BUT WITH GOD ALL THINGS  
ARE POSSIBLE."

