How to Claim Scriptures

Focus Verse

So is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it. Isaiah 55:11 (NKJV)

Three Ways to Claim Scriptures

1. **Meditate** on the verse**.** Take your chosen verse and meditate on it. Read though it several times. What phrases or words stand out to you? What truth does it contain? How can you apply it to your life?

2. **Repeat** the verse out loud**.** Repeating your chosen verse out loud will help you remember it, fill your mind with truth, and increase your faith. Repeating or praying God's word out loud is powerful and can bring about spiritual breakthroughs.

3. **Personalize** the verse by inserting a name or a personal pronoun. This makes the verse specific to you or to the person you are praying for. It is a very powerful way to pray when you can't find your own words.

4. **Pray** the verse**.** Take your chosen verse and reword it as a prayer. Praying scriptures is powerful. It defeats the enemy and brings the power of God into the situations we pray over.

An Example

Romans 12:2

And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

1. **Meditate on the verse.** Questions to ask when you think about this verse:
   What does God tell me to do in this passage? How do I go about doing that? What is the result if I follow His command?

2. **Repeat the verse to yourself or say it out loud in order to claim it for your life.**

3. **Personalize the verse.**
   Insert your name in this verse. _____, do not be conformed to this world…….

4. **Say the verse as a prayer**.
   Here is an example: Dear Lord, I ask you to give me the strength to refuse to be conformed to the pattens of this world. Help me instead to be transformed by the renewing of my mind so that I can understand Your good and perfect will in my life.

My Notes

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